

How Many Others Drink As Much As You?

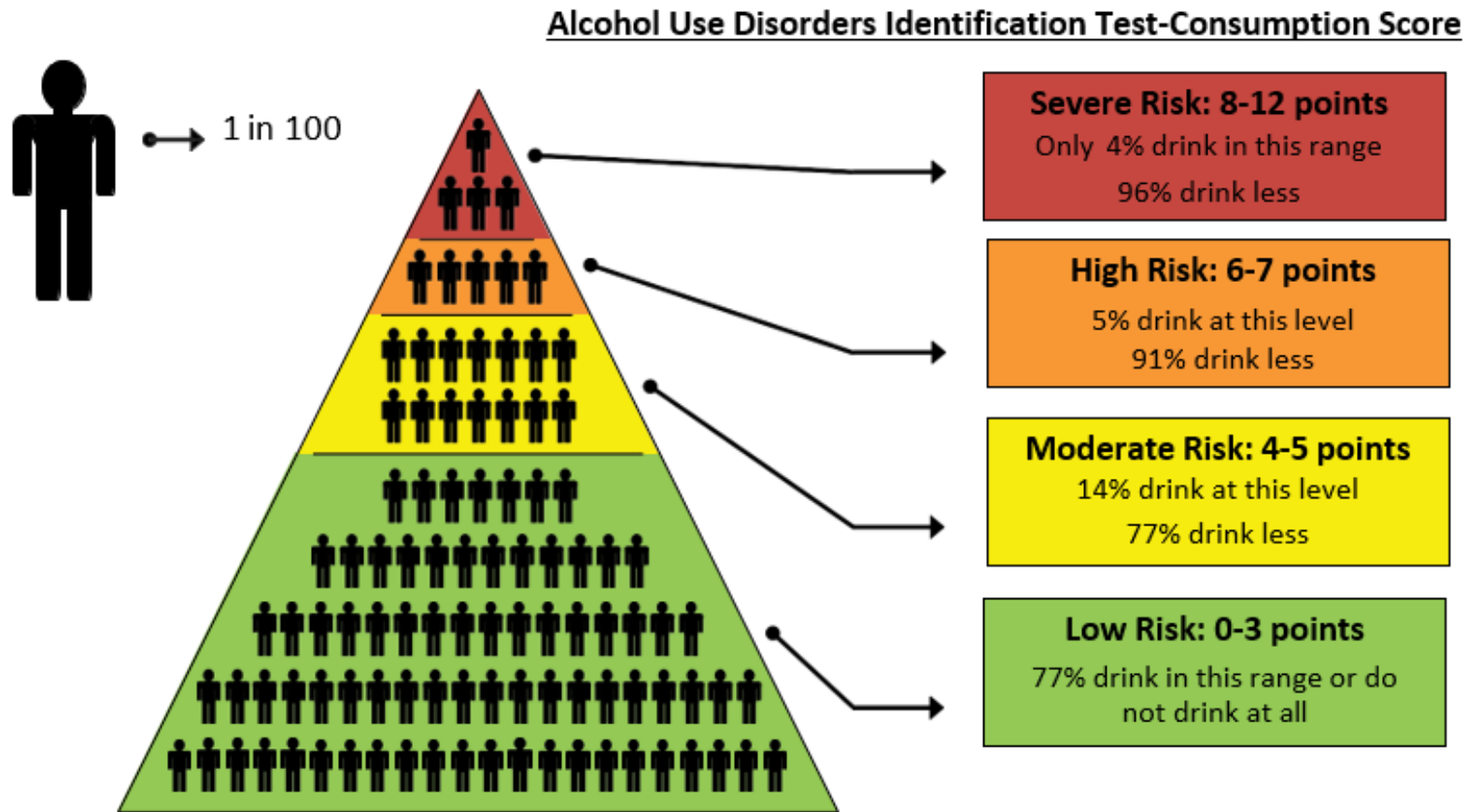


Figure 1: Alcohol Use Disorders Identification Test Pyramid and Scores/Risks for Men 30 Years Old or Older

The Alcohol Use Disorders Identification Test (AUDIT-C) is a questionnaire given to thousands of Veteran Affairs (VA) patients to screen for excessive drinking. Reference *Figure 1* above which shows how drinking compares for male Veterans, who are 30 years old or older. Men who score 5 or more points, are above the recommended drinking limit and are at increased risks for harm.

Sources: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance; [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders 2021](#).

Men (29 Years Old or Younger)

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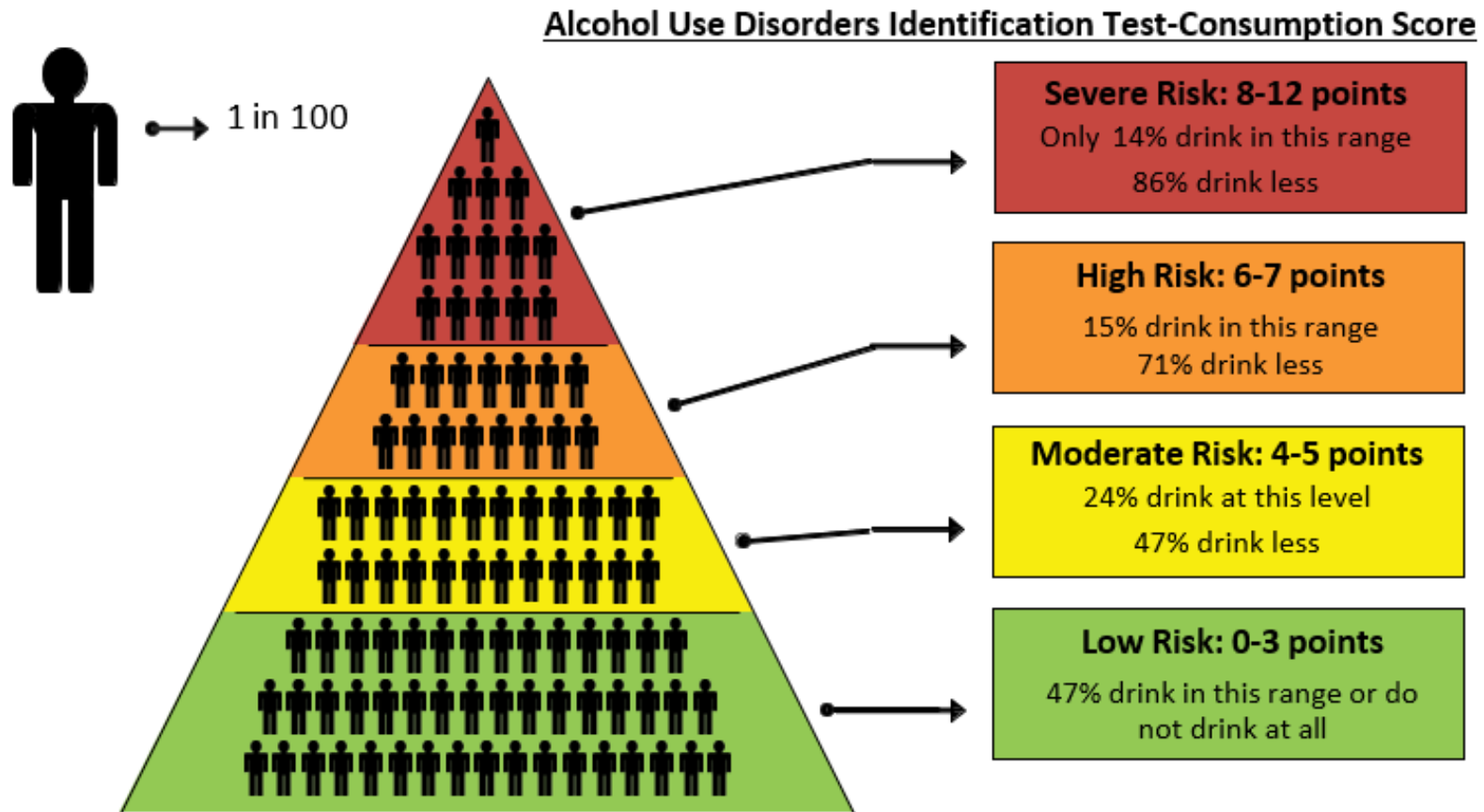


Figure 2: Alcohol Use Disorders Identification Test Triangle and Scores/Risks for Men 29 Years Old and Younger

The Alcohol Use Disorders Identification Test (AUDIT-C) is a questionnaire given to thousands of VA patients to screen for excessive drinking. Reference *Figure 2* above which shows how drinking compares for male Veterans, who are 29 years old or younger. Men who score 5 or more points, are above the recommended drinking limit and are at increased risks for harm.

Sources: Survey of Healthcare Experiences of Patients, 2008, VA Office of Quality and Performance; [VA/DoD Clinical Practice Guideline for the Management of Substance Use Disorders 2021](#).