


Taking Your Hepatitis B Therapy

Tenofovir alafenamide (Tenofovir AF)**Tenofovir AF = Vemlidy®**

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- ▶ Dose: 1 tablet (25 mg) daily by mouth at the same time daily.
- ▶ Take Tenofovir AF with food.
- ▶ Possible side effects include headache, abdominal pain, nausea, and diarrhea.
- ▶ Store your medication at room temperature (< 86°F).
- ▶ Take your Tenofovir AF every day. If you miss doses, you will give the virus the opportunity to grow. This may also cause the virus to become resistant to the medication, making it ineffective.

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Morning Time: ____ amTake 1 Tenofovir AF (Vemlidy®) tablet daily with food. **If You Miss a Dose:****Tenofovir AF: Vemlidy**

- ▶ If you miss a dose of your medication, of your medication, TAKE THE MISSED DOSE THE SAME DAY as soon as you remember, then take your next dose at your regular time the next day.
- ▶ Do not take more than 1 dose of your medication in one day.
- ▶ DO NOT take two doses at the same time to make up for a missed dose.
- ▶ It is very important that you do not run out of pills, so be aware of your refills and how many pills you have left at all times.
- ▶ Note: If you miss multiple doses, call your prescriber/clinic listed below.

Prescriber/Clinic Contact: _____ For Refills: _____

VA**U.S. Department
of Veterans Affairs**Veterans Health
Administration